## **Legacy** Project

## ADVANCING WOMEN IN LOCAL GOVERNMENT

## 4th Quarter 2017 Luncheons

Brown Bag (bring your own)

Wednesday, October 4
Westchester Village Hall
10300 W. Roosevelt Rd.
Westchester, IL 60154
RSVP for Westchester

Wednesday, November 1
Elk Grove Village Hall
901 Wellington Ave.
Elk Grove Village, IL
RSVP for Elk Grove

Wednesday, December 6
Sikich
1415 W. Diehl Road, Ste. 400
Naperville, IL 60563
RSVP for Naperville

Luncheons begin at 11:30 a.m. and end promptly at 1:00 p.m.

Please join us for interactive discussion on topics of particular interest to women working at all levels of local government.

## Resilency

Speaker: Rebecca Litz, Perspectives

"The strongest oak of the forest is not the one that is protected from the storm and hidden from the sun. It's the one that stands in the open where it is compelled to struggle for its existence against the winds and rains and the scorching sun."

Napoleon Hill



In this session presented by Rebecca Litz of Perspectives we will:

- Gain insight into how life's challenges impact us as individuals
- Assess our current methods of coping
- Develop strategies to increase resilience in your personal and professional life.

To help address your specific questions about our topic, you can email your questions, comments, or advice to Ann at aeverhart@villageofschaumburg.com to be compiled confidentially. At the luncheon, Rebecca will hold an open dialogue, while discussing real life scenarios and addressing questions or concerns raised via email or at the luncheon.